

# Kursplan

## INSTINCT® in Berlin-Mitte

| Montag | Dienstag | Mittwoch  | Donnerstag  | Freitag                                     | Samstag |
|--------|----------|---|---|---|---------|
|        |          | <b>Krav Maga Erwachsene</b><br>(coming soon)<br>09:00-10:00 |   |   |         |
|        |          | <b>Krav Maga V.I.P. Club</b><br>10:15-11:15                 |   |   |         |
|        |          |   | <b>Krav Maga Welpenkurs</b><br>16:00-16:45                  |   |         |
|        |          |   | <b>Krav Maga Kleine Wölfe</b><br>17:00-18:00                |   |         |
|        |          | <b>Krav Maga Frauen</b><br>10-Wochen-Kurs<br>17:45-18:45    |   | <b>Krav Maga Teens Wölfe</b><br>17:30-18:30 |         |
|        |          | <b>Krav Maga Erwachsene</b><br>19:00-20:00                  | <b>Krav Maga Erwachsene</b><br>(coming soon)<br>19:00-20:00 | <b>Krav Maga Erwachsene</b><br>19:00-20:15  |         |

## INSTINCT® in Berlin-Tempelhof

| Montag | Dienstag                                     | Mittwoch                                   | Donnerstag                                 | Freitag | Samstag                                      |
|--------|--|--|--|---------|--|
|        |  |  |  |         | <b>Krav Maga Kleine Wölfe</b><br>10:30-11:30 |
|        |  |  |  |         | <b>Krav Maga Kleine Wölfe</b><br>11:45-12:45 |
|        |  |  |  |         | <b>Krav Maga Junge Wölfe</b><br>13:00-14:00  |
|        | <b>Krav Maga Kleine Wölfe</b><br>17:00-18:00 |  |  |         |  |
|        | <b>Krav Maga Kleine Wölfe</b><br>18:15-19:15 |  |  |         |  |
|        |  | <b>Krav Maga Erwachsene</b><br>19:15-20:15 | <b>Krav Maga Erwachsene</b><br>19:15-20:15 |         |  |

### Deine Krav Maga Studios

INSTINCT® Store in Mitte: KRAV MAGA INSTINCT, Torstr. 49 in 10119 Berlin.  
INSTINCT® ACADEMY Tempelhof: INSTINCT ACADEMY BERLIN, Trachenberggring 85 in 12249 Berlin.

Krav Maga V.I.P. Club: Personal Training - Kleingruppe  
Stand 08.09.23